

Lesson 5

Old Age Makeup

As Mr. Peoples instructs and demonstrates, work on your own and take notes.

1. Start with a clean face; secure the hair out the way.
2. Using a similar technique as in **Middle Age**, highlight and shadow the face and those same wrinkles. REMEMBER: **SHADOW GOES ON TOP OR ON THE OUTSIDE OF A CREASE**. Blend **upward** if the wrinkle is **horizontal** or **outward** if the wrinkle is **vertical**.
3. Now, let's go farther. Add in those extra wrinkles that we avoided back in Lesson 4. Also, make sure you are following the bone structure of the face as before.
4. Your nose should appear to be **even longer** and **narrower** now that you are 80+ years old. Keep the **highlight** down the bridge of the nose very narrow and extend it beyond the **tip** of the nose. Bring the shadows at the **sides** of the nose closer together to emphasize this **thinning** out.
5. At the jawline, you will now create that sagging cheek you will have in your "Golden Years":
 - a. Follow the same rules as the fuller version of your face from Middle Age makeup.
 - i. Curve the jawline a bit more deeply downward like a smile ☺
 - ii. Create much deeper wrinkles on the sides of the chin that extend up & outside the nasolabial folds
6. Assess your work. Have you addressed every area of the aged face? Is your makeup smoothly applied? Are your lines thin and ending in feathered out tips? Do you have your highlights in the appropriate place? What about the shadows? Make any necessary adjustments now.

***Ex 5.1** Check out Betty White's face to the right. This Golden Girl is a perfect example of Old Age Makeup! Notice the further wrinkling of the face that she exhibits. While wrinkles occur in pretty much the same places on the face, they are now more numerous and deeper too. →

7. Now that we've covered old territory, it's time for a couple of new tricks!
 - a. Greying Hair
 - i. Snow white/Ivory can be used to create this effect.
 - ii. Use the brush under the cap of your hair color bottle or the eyebrow brush to lightly apply a small amount onto your hair.
 - iii. Only apply to hair near the temples (sideburns & just above)!
 - iv. Grey out your eyebrows too!

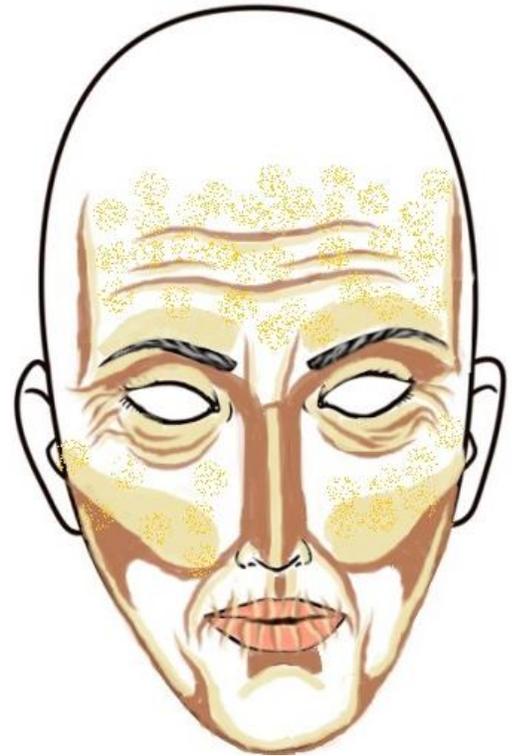


b. Adding Texture to the Skin

- i. When doing age makeup on teenage faces, we find that no matter how many **wrinkles** we have applied, the subject still looks **young** and healthy. As people age, the texture of the skin changes. The solution is to **stipple** over the age makeup with the multiple colors from the **Bruise & Abrasion wheel**. Load the sponge and tap it off on the back of your hand. Using gentle, **patting** motions apply the stipple to the open areas of the face.

***Ex 5.2** Start an Old Age makeup design by first completing the steps involved in a Basic Corrective makeup and then adding in those wrinkles from Middle Age makeup. Then, begin by adding in even more wrinkles by referring back to your research images. Next, follow **Steps 4 - 7** as outlined here. Without foundation, your makeup design should look something like the image to the right just before you begin blending.

8. The final step is to apply blush and powder to set the makeup.



Alright! Now, Let's Try Doing This for Ourselves!!!