


Lesson 4

Middle Age Makeup

As Mr. Peoples instructs and demonstrates, work on your own and take notes.

1. Start with a clean face; secure the hair out the way.
2. When aging the face, of course there will be **wrinkles** and creases, but, more importantly---because of the effects of gravity on aging skin---the **bone structure** underneath becomes more apparent.
3. Using a similar technique as in **Basic Corrective**, highlight and shadow the face.
4. Most people's noses appear to be **longer** and narrower when they are old. To create this effect, keep the **highlight** down the bridge of the nose fairly narrow and extend it beyond the **tip** of the nose. Support the effect with corresponding shadows along the **sides** of the nose.
5. At the jawline, you will make a choice based on *your* individual face. Make appropriate notes here:
 - a. Narrow/Thin Face: **The jawline should curve like a frown between the side of the face & chin.**
 - b. Round/Full face: **The jawline should curve like a smile between the side of the face & chin.**

*Ex 4.1 Check out middle-aged Maggie Smith's face to the right.  Well before she was McGonagall, she only showed slight signs of aging. Find those parts of the face where she has wrinkles.

6. Assess your work. Have you exaggerated the bone structure effectively? Does the nose look stripy? Blend any offensive areas.
7. Time to add wrinkles! Once you have located the appropriate placement for a wrinkle, you will use both your shadow and highlight colors. Load the brush with **makeup** and flatten the bristles against the container, creating a **knife** edge. Using a light touch, you can always add more color if necessary, lay in the shadow line. Without reloading the brush, place the brush on the line you just laid in and blend (pull) the color gently away from the line, **upward** if the wrinkle is **horizontal** or **outward** if the wrinkle is **vertical**. **SHADOW GOES ON TOP OR ON THE OUTSIDE OF A CREASE.**



8. Every wrinkle that has a shadow must also have a highlight. Load the brush with the highlight color, creating the crisp **knife** edge as you flatten the bristles against the container. Apply the highlight so that it lies next to the shadow line, just **below** it if a *horizontal wrinkle* or just **inside** it if a *vertical wrinkle*. Again, without reloading the brush, blend the highlight away from the center of the crease. Keep the blending **minimal**; we don't want stripes on the face, unless it's *Game Day at BHS!* ;) Using the tip of the finger, gently pull the ends of the crease out, so that it **fades out** rather than ends abruptly.

9. To locate potential wrinkles, make these faces while looking in the mirror:
- a. **Forehead**—raise your eyebrows as high and tight as you can. Some of you will have multiple creases form, while others will have nothing. If you have creases, you must create wrinkles that **follow** with your existing creases. If you have no creases, you can create forehead wrinkles **wherever** you want. Just be careful that they don't intersect at odd angles, creating an unnatural look.
 - i. Middle Age Makeup requires few wrinkles, so choose only a couple forehead wrinkles to recreate.
 - b. **Eyes**—one at a time, scrunch (squint) your eye closed and observe what you see with your open eye. You should see some **wrinkles** at the outside corner of the eye; these are called crow's feet. You should also see a pooch forming under the eye; this is called the **eye bag**. There is a special treatment for the eye bag: once the crease is put in, lightly fill the eye bag with **highlight** and place **shadow** beneath it; this will make the pooch seem to droop forward slightly.
 - c. **Brows**—frown your eye brows (make an angry face) and notice if you have **scowl line** creases forming above the bridge of the nose.
 - d. **Nasolabial Folds**—make a big, goofy grin at yourself. The line formed between the outside edge of the nose and the side of the **mouth** is the nasolabial fold.
10. Assess your work. Have you used proper technique with highlight and shadow? Have you addressed all areas of the face? If not, make necessary adjustments.

*Ex 4.2 Start any Middle Age makeup design by first completing the steps involved in a Basic Corrective makeup. Then, begin adding in wrinkles. It should look something like the image to the right just before you begin blending.

11. The final step is to apply blush and powder to set the makeup.



Alright! Now, Let's Try Doing This for Ourselves!!!